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Update on the latest news, opportunities, and events...

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Association
of Mental
Health
Providers

Fortnightly Bulletin

6 November 2025

Association of Mental Health Providers is the only national voice of mental health charities providing services in England and Wales, representing the full spectrum and diversity of VCSE sector service provision. Within our alliance, we have over **300 members** delivering over **3000 services** locally, regionally, and nationally, with a significant reach of over **8 million people** affected by poor mental health and illness.

How can we help you get the most out of your membership? [Get in touch!](#)

The Association's News

Preventing Eating Disorder Deaths Across the UK

We're delighted to be members of the [National Eating Disorders Taskforce](#), alongside leading organisations in the mental health sector, set up by Dump The Scales. This includes our partner, Centre for Mental Health, and our members, First Steps ED and Eating Distress North East. The task force aims to engage with key stakeholders from the government, industry, and community to implement a comprehensive strategy to prevent people from dying from eating disorders.

Islamophobia and Mental Health

It's Islamophobia Awareness Month, and we want to share the webinar we hosted last year, which focused on the theme "Seeds for Change", emphasising

how small, meaningful actions can drive positive societal shifts. Against a backdrop of rising Islamophobic incidents in the UK, including riots targeting Muslim communities, the event addressed the increasing mental health challenges communities face, evidence-based, culturally specific therapeutic approaches, and explored community-driven strategies for resilience and recovery. [Watch the recording](#).

Delivering Change Together

The NHS's Medium-Term Planning Framework: Delivering Change Together has been described as the most significant reset of the health service in a generation. Whilst we welcome its focus on reducing waiting lists, expanding same-day GP access, boosting community capacity, and bringing care closer to home, its emphasis on prevention and neighbourhood health mirrors what our members deliver daily - trusted, community-based mental health support. However, the VCFSE sector is mentioned only twice. Without proper recognition and resourcing, the ambitions of this Framework cannot be achieved. [Read our full response](#) and our recommendations.

Keep Britain Working Review

Keep Britain Working is an independent review, from the Department of Work and Pensions and the Department for Business and Trade, of the role of employers in addressing health-based economic inactivity and promoting healthy workplaces.

"We hope this review will help create a fairer society, enabling people who want to work to do so in roles that support their wellbeing and help them reach their full potential." Read our full response [on LinkedIn](#).

Members Meetings

Evidencing the Impact of your Work

Following today's members' introductory session on the power of evaluation with Professor Andy Jones (Future Care Capital), he will be leading a full-length interactive workshop to demystify evaluation and show how it can be embedded in everyday practice. You'll learn what evaluation is and why it matters, the different types of evaluation and when to use them, how to use logic models to plan and evidence impact, and how Future Care Capital can support your organisation.

This session will take place on **Wednesday 26 November, 1–2.30 pm**, and on **Monday 15 December, 1.30–3 pm** via Microsoft Teams. To register, please email comms@amhp.org.uk and state your preferred date. Find out more and access links to join the meetings on the day [from our poster](#).

Member/Partner News

A Difficult Combination?

Breakthru cic has written [an article](#) (download to read) exploring the contrast between Bonfire Night and National Stress Awareness Day. This piece encourages us to reflect on how we mark these dates and to consider the impact that loud noises, flashing lights, and unexpected triggers can have on members of our community.

Henry Hawkins Lecture

[The recordings](#) from Together for Mental Wellbeing's Henry Hawkins Lecture are available to watch online around the theme of physical wellbeing and how that interplays with mental health, alongside reflections from Chief Executive Officer Linda Bryant.

Helping People Rebuild Confidence for Employment and Education

Mosaic Clubhouse [was featured on ITV](#) this week following the Keep Britain Working Review, which examines increasing levels of economic inactivity due to ill health and disability. Mosaic Clubhouse helps people living with mental health challenges improve their confidence and take steps towards education and employment in the community.

Sector News

New Women's Health Strategy

The government [has announced](#) that women across the country will benefit from more compassionate care and support as the Women's Health Strategy is set to be renewed next year. The renewed strategy will set out how the government will take the next steps to improve women's healthcare as part of the 10 Year Health Plan and create a system that listens to women's

experiences and addresses the inequalities they face. As part of the renewal, the government will identify specific barriers in access to healthcare and actions to remove them.

Charity Accounting and Reporting Changes

The Charity Commission have [collated information](#) about the upcoming changes to charity accounting and reporting in the UK. These changes aim to make accounting more proportionate to the size of each charity.

Opportunities and Events

Improving Services and Outcomes for People who Self-Harm

A virtual conference, taking place on **Thursday, 15 January 2026**, from Healthcare Conferences UK, will look at the latest national developments in self-harm interventions, including current initiatives to reduce the gap in service provisions. Through case studies and expert advice, this conference will explore how we can support people who self-harm by ensuring a compassionate approach, understanding the common causes and drivers, as well as developing safety plans with a path to recovery. [Book your place](#) and use our 20% discount with code *hcuk20amhp*.

Changing the Story on Unpaid Care

Over the past year, Carers Trust and Claremont Communications have worked with partners including The Health Foundation, Oxfam GB, WeCare Campaign, Care Full, and Social Care Futures to reframe how society understands and values unpaid care. [Join an upcoming webinar](#) on **Tuesday 18 November at 12 pm** to explore the new framing principles and discover how you and your organisation can play a role in shifting narratives, challenging assumptions, and building a society that truly supports unpaid carers.

Bookmarked

Tackling Racial Inequalities Together

Doctor Jacqui Dyer MBE, NHS England's Mental Health Equalities Adviser and Chair of the Advancing Mental Health Equalities Taskforce, has written [a blog](#)

on racial inequalities in the mental health system and the Patient and Carer Race Equality Framework (PCREF). This Framework is the first national, co-produced, governance-ready anti-racism framework for mental health in the NHS, which has been described as: "the single most important lever we have to reduce racial disparities."



Do you know of a VCSE mental health service provider that could benefit from becoming a member and joining our network of 300+ organisations? We're here to support the sector, influence national policy, and drive positive change in service delivery. Organisations can get in touch to learn more!

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